



# PLS regulation support model

Phases: adult action intentions

Prepare and involve

Lead and stabilize

Deescalate and comfort

Repair and acknowledge

Reflect and dialogue

Fainting

Collaps

Rigid imobility

Lose/Lose attack

Physical attack

Physical aggression

Threats of violence

Humiliation

Active undermining

Dialog stops

Debate

Argumentation

Short messages

Extended dialogue

Playful interaction

Lively play

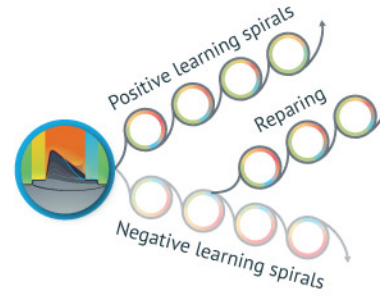
Deep Freeze  
Fear  
Fright  
Helplessness  
Hopelessness

Shock  
Rage  
Despair  
Anger  
Breakdown  
Hostility  
Anxiety

Depression  
Indignation  
Humiliation  
Defiance  
Confusion  
Indignation  
Nervousness  
Disturbance

Doubt Regret Woundedness  
Awkwardness Disappointment  
Disappointment Envy Intolerance  
Boredom Coldness Dislike Displeasure

Empathy Charm Happiness Warmth Delight  
Tranquility Gusto Acceptance Inner Peace Arousal  
Infatuation Love Confidence Buoyancy Relief Kindness  
Sincerity Trust Sympathy Enchantment Rejoicing Enthusiasm  
Inspiration Friendliness Gratitude Cheerfulness Amazement Interest



Freeze/  
Disconnecting

Flight/Fight

Social/  
cognitive  
aggression/  
defense

Repairing

Intellectual

Relational

Social

Playful

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Engagement

